



Self-Esteem
RISING



**HANCE FAMILY
FOUNDATION**
ANNUAL REPORT 2019



Christine Local
PHOTOGRAPHY

TABLE OF CONTENTS

04 Letter from the Presidents

06 Self-Esteem Rising by the Numbers

10 Our Impact

14 Our Financials

17 The Board of Directors

18 Our Donors

LETTER FROM THE PRESIDENTS

After Warren and Jackie Hance lost their three young daughters, Emma, Alyson, and Katie in a car accident, they had a decision to make: to give in to their grief or to create a lasting legacy in honor of their daughters. They chose the latter. They also wanted to support their local Floral Park, New York community, who had loved and protected them in the face of unimaginable tragedy. The Hance Family Foundation was created to give back to Floral Park by creating 3 elementary school scholarships in honor of their girls. In addition, Warren and Jackie wished to share with others the lessons they had learned in the course of their difficult journey:

Be accountable to others

Surround yourself with friends and family

Accept help when you need it

Forgive yourself and be patient with yourself

Find something or someone to be grateful for

Volunteer, volunteer, volunteer - focusing on others can turn tragedy into triumph

The Hance Family Foundation wanted to grow beyond scholarships, so they designed innovative self-esteem curricula with the larger mission of empowering women and girls beyond education. Their first program, Beautiful Me, was designed to enhance self-esteem, increase positive body awareness, improve problem-solving, and to help build healthy relationship skills for women and girls of all ages.

Warren and Jackie soon realized that they needed to share their mission with more communities throughout the country. Self-Esteem Rising was created to bring the Hance Family Foundation's vision to a national level, and to encompass all of the Foundation's programs, including Beautiful Me, Raising a Beautiful Child and Empower Me.

While the Hance Family Foundation continues to be a beloved local organization, the Self-Esteem Rising national initiative is helping to spread the mission to more women and girls every day. To date, tens of thousands of people around the world have benefited from the Self-Esteem Rising programs. With the continued support of the Foundation family and corporations like yours, Emma, Alyson, and Katie can continue to make positive impact in the world.



WARREN, JACKIE, EMMA, ALYSON AND KATIE HANCE



2019 IMPACT BY THE NUMBERS:

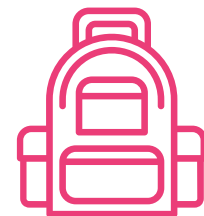


1,429

Beautiful Me teachers trained

10,364

Self-Esteem Rising total graduates



900

Raising a Beautiful Child participants

537 Sites visited by the Hance Family Foundation



Overall we have taught:



19

Participants per day

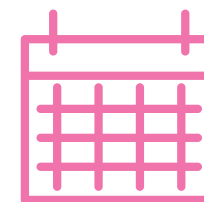
365

Days a year



10

Years consecutively



7

Days a week



Beautiful Me has been to:

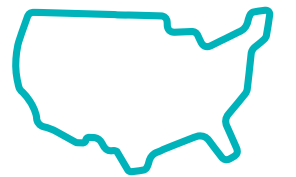


5

Countries across the world

10

States across the country

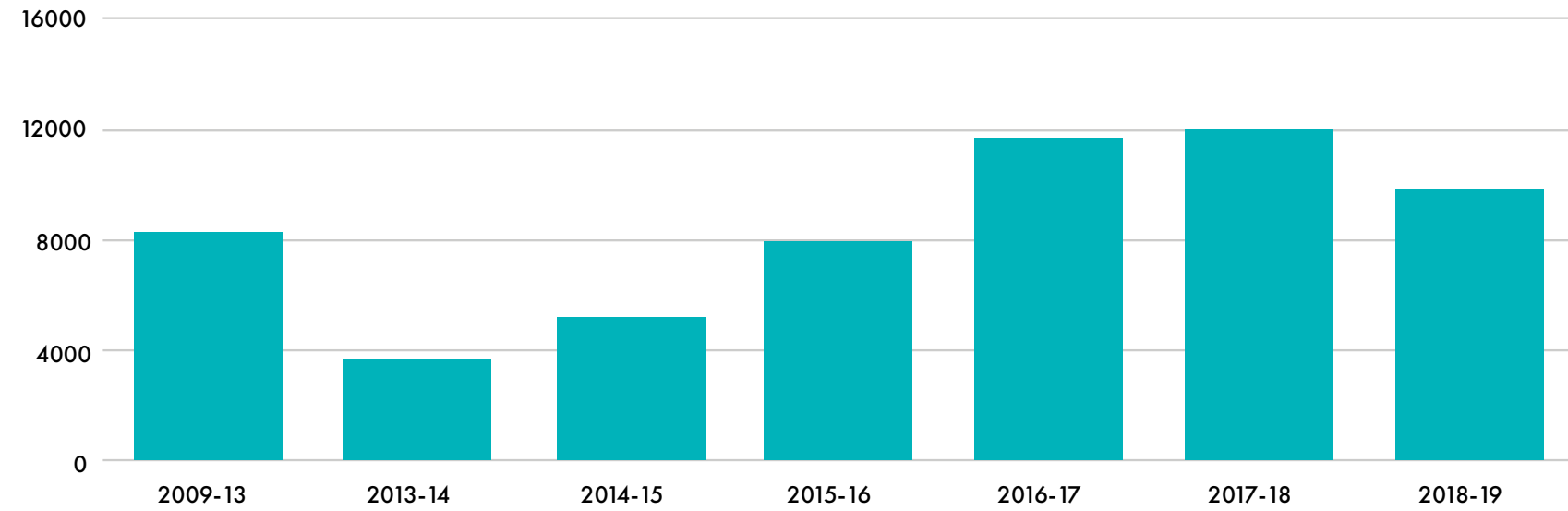


4,000

Different Sites (schools, universities, corporations, nursing homes, etc.)

SELF- ESTEEM RISING PARTICIPANT DATA

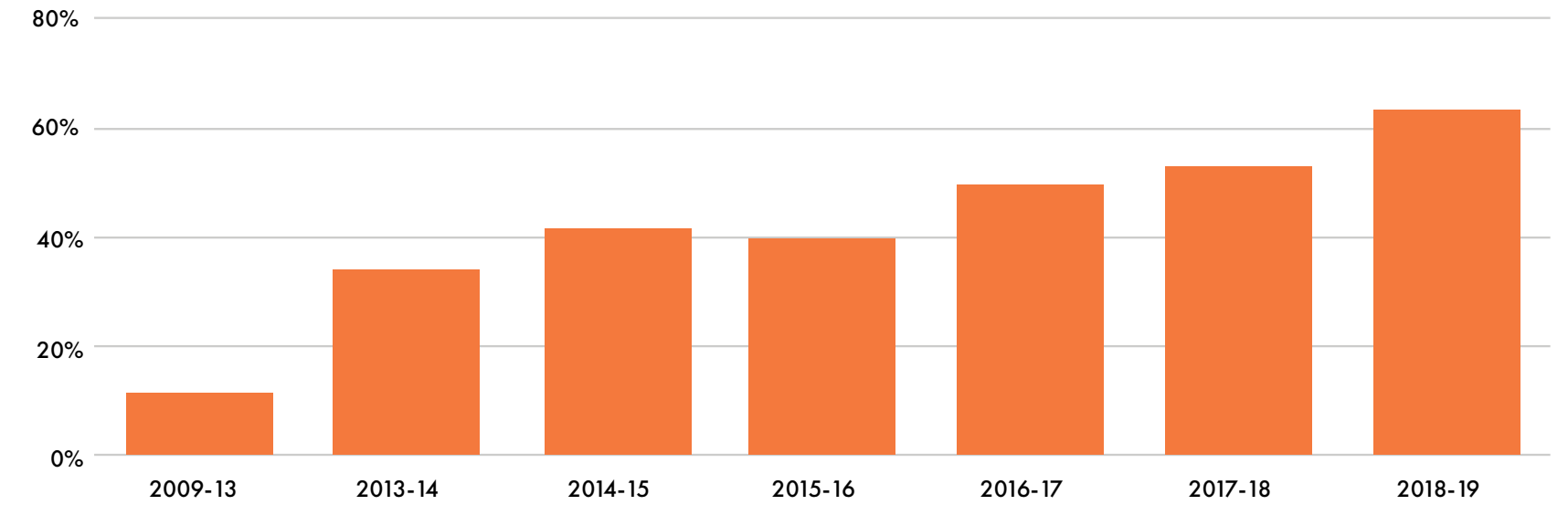
Year(s):	Number of Participants:
2009-13	8,264
2013-14	3,683
2014-15	5,317
2015-16	7,958
2016-17	11,724
2017-18	12,085
2018-19	10,740*



Self-Esteem Rising Participant by School Year
* Change to the Train to Teacher Model

TRAIN THE TEACHER MODEL

Year(s):	Number of Participants:
2009-13	12%
2013-14	35%
2014-15	41%
2015-16	40%
2016-17	52%
2017-18	56%
2018-19	63%



Percentage of Participants from the Train the Teacher Model

OUR IMPACT

Beautiful Me is an amazing program that has taught me how to love myself and be confident. Beautiful Me made me realize that I shouldn't change myself because of what others think because being myself is the best me that I can be. Not only did Self-Esteem Rising teach me to love myself, it also gave me the confidence and resources to inspire others. Through the Confidence Club, I am able to help other girls find the confidence needed to be themselves. Through Beautiful Me, I get to give back to my community by volunteering and helping others. The programs have changed me in such a positive way, making me more confident, caring, and independent. I am inspired by the Hance family because they took their loss and made something beautiful out of it. I am grateful that I can give back to such a supportive and caring community.

Josephine Lobosco, High School Student



OUR IMPACT

The Beautiful Me Program was first introduced to the Roslyn School district in the Fall of 2018. Students in grade 3, 4, 5 were invited to participate and almost every single student did! As a school social worker, my main role is to connect with students and support them socially and emotionally. The Beautiful Me Program has allowed me to connect with many students in a very short amount of time. While in quarantine, some students reached out to me for support. This would not be the case if it weren't for the Beautiful Me Program. The Beautiful Me Program teaches students to love and care for themselves; to identify their genuine qualities and work on those qualities that could use some improvement; and, mostly importantly, improve their self-esteem. Girls who participated in the Beautiful Me Program become a part of a very special sisterhood where they look out for one another and encourage one another. They also speak very highly about their experiences in the program to students in the lower grades, encouraging them to sign up. Through The Beautiful Me Program, I have helped empower young girls and in turn, they empower others. Now, at East Hills, we celebrate the Beautiful Me Program by having a school-wide Compliment Day; a day where students hand out several compliments to one another. The Beautiful Me Program has become a staple in our students' social-emotional learning.

Stephanie Liebowitz, School Social Worker at East Hills School





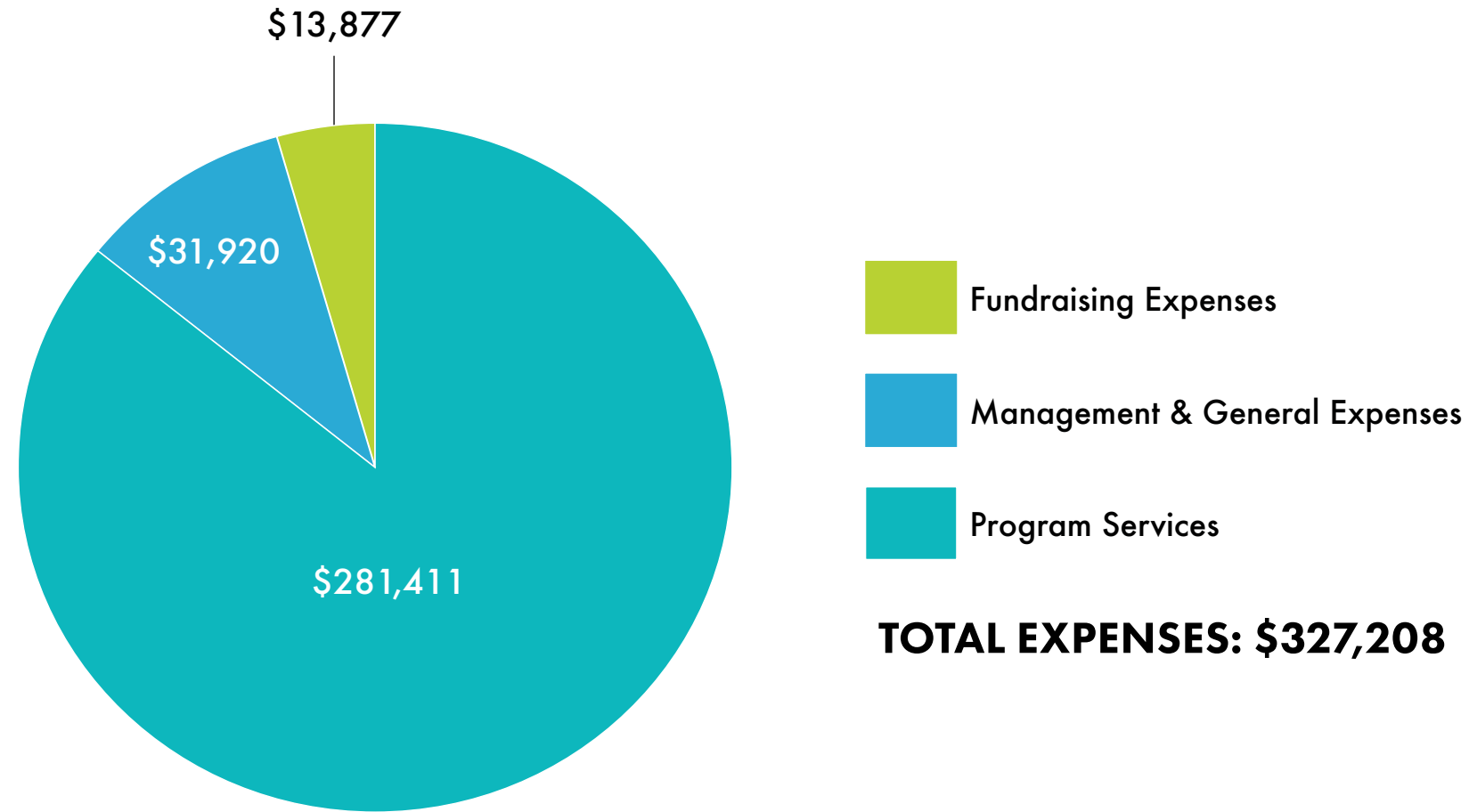
OUR IMPACT

We have been teaching Beautiful Me in the NHP-GCP school district over the past several years. The impact it has had runs deeper than is seen on the surface. Teachers who may never have had the opportunity to work together closely have paired up, teachers across the four schools have learned from each other, and most importantly countless girls of all ages have learned to love themselves for who they are. We were granted the opportunity to share this wonderful program with Regent Tillis from the Board of Directors. Along with our administrators and teachers, he was highly impressed by the uniqueness of the program and the valuable lessons it teaches. Beautiful Me has gifted our schools the opportunity for teachers and students to celebrate their unique characteristics. Parents of our students are so grateful for the program's existence in NHP-GCP, and just like the girls are always asking for more Beautiful Me. They were able to attend the Raising a Beautiful Child seminar and learned valuable lessons for helping instill self-esteem in the children they raise. We are forever grateful for the countless opportunities the Beautiful Me program has provided our school district with

Marissa Terry, Teacher at Hillside Grade School



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