

# BEAUTIFUL ME CONSENT FORM



Participant's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

School Name \_\_\_\_\_

May we use the participant's picture on the Self-Esteem Rising website, promotional materials, and/or social media? Yes \_\_\_\_\_ No \_\_\_\_\_

We are looking for feedback about our program's impact. May we contact you for comments? Yes \_\_\_\_\_ No \_\_\_\_\_

Stay connected with us! Write your email here for free resources from Self-Esteem Rising and the Hance Family Foundation. Provide your cell phone number for occasional updates from the HFF.

Email \_\_\_\_\_

Cell phone \_\_\_\_\_

I give \_\_\_\_\_ permission to participate in Beautiful Me.  
(participant)

Please sign here to get started with Beautiful Me!

Signature \_\_\_\_\_

Signature of Parent/Guardian, if participant is a minor

\_\_\_\_\_

Date \_\_\_\_\_



# DEAR GUARDIANS,



Your school is pleased to participate in the Hance Family Foundation's suite of programs, Self-Esteem Rising. The Hance Family Foundation was created in 2009 by Warren and Jackie Hance to honor their three beautiful daughters who were killed in a tragic car accident. Emma, Alyson and Katie Hance were 8, 7 and 5 years old. Over the past decade, the Hance Family Foundation has become a leader in self-esteem programs. Self-Esteem Rising is the foundation's suite of innovative programs, which includes Beautiful Me, Raising a Beautiful Child, Empower Me, Confidence Club and Self-Esteem Rising Ambassadors.

Your daughter is invited to participate in Beautiful Me. She will learn lessons like increasing positive body awareness and building healthy friendship skills. Beautiful Me lessons are designed to teach females of all ages how to think positively and with assurance about their bodies, their skills and their relationships with others.

Over 140,000 girls and women have already graduated from a Self-Esteem Rising program. Every participant who has completed a program has reported leaving with higher levels of self-esteem, increased personal happiness and confidence.

The Hance Family Foundation and Self-Esteem Rising teams would like to thank you for helping to honor the memories of three beautiful sisters through this powerful program.

All the best,

*Self-Esteem*  
RISING

Self-Esteem Rising Team