

FRIENDSHIP MAKER

<p>OBJECTIVES</p>	<p>There are many ways to be healthy and we are going to create a plan for physical, mental and social health!</p> <p>Desired Behavior: Increase conversations about complete health and practice behavior changes in health domains.</p>
<p>MATERIALS NEEDED</p>	<p>Print the chart attached for all participants Blackboard/ whiteboard/ chalkboard... etc.</p>
<p>STEP BY STEP</p>	<p>Decide if you are playing "The Type of Friend I Want to Be" or "The Type of Friend I Want to Have"</p> <p>Draw two columns on a blackboard, white blackboard, SmartBoard, etc. & title each with "Preferred Friend" and "Non Preferred Friend"</p> <p>Have students read out the attached list of adjectives and write them in a column. Encourage children to record part of the lists on a page in their journal.</p> <p>Facilitate discussions about real-life people and how to describe them. Many children have friends that they enjoy & value who are interesting, odd, loud, rigid, wonderful, etc. The answers in this game extremely enlightening and interestign conversations.</p>
<p>MODIFICATIONS</p>	<p>Younger learners</p> <p>Older learners</p> <p>Learners with special needs</p>

Name:

Date:

POLITE	FAIR	PICKY
GLAMOROUS	INTELLIGENT	LOUD
PLAIN	LOYAL	SILENT
QUIET	STRONG	WARM
HILARIOUS	SWIFT	INTERESTING
HELPFUL	VALUABLE	SOMETIMES MEAN
ODD	WONDERFUL	INNOCENT
IMPORTANT	OUTSTANDING	FRUSTRATED
SHY	AFRAID OF NEW THINGS	JEALOUS
ATHLETIC	RIGID	SHY
CLUMSY	PLEASANT	HONEST
WORRIED	WISE	OLDER
OLD	SHAGGY	ELEGANT
IMPERFECT	STRANGE	POWERFUL
JOLLY	TENSE	IMPORTANT
HANDY	HEAVENLY	GENTLE
DEPENDABLE	SASSY	WILD
INCREDIBLE	DELIGHTFUL	NERVOUS

