

PACK YOUR BAGS!

OBJECTIVES	<p>Having hope for our future builds optimism – especially during this crisis. Goals & dreams can be achieved; let's start today.</p> <p>Desired Behavior: Express dreams and increase thoughts about future possibilities.</p>
MATERIALS NEEDED	<p>Print the template attached Pen or pencil Phone/iPad if desired</p>
STEP BY STEP	<p>What are three things you see yourself doing in ten years? List three things you can start doing now. This world is so interesting that being bored is not an option.</p>
FOLLOW UP ACTIVITIES	<p>Learn more about the heroes helping our world while we #stayhome. Make notes about the essential workers who keep us safe and keep our world functioning. Write thank you notes to your neighbors, nurses & doctors, teachers, principal, mail person, sanitation workers, delivery people, police officers, etc.</p>
MODIFICATIONS	<p>Younger learners</p> <p>Older learners</p> <p>Learners with special needs Use photos for choices; list reinforcing items and activities as potential answers.</p>

Name:

Date:



What would your suitcase have inside it in 10 years?

What I will pack in my bag:

- ☐ Passport
- ☐ Latest cell phone with my favorite music
- ☐ Microscope
- ☐ Picture of my family
- ☐ Dog leash
- ☐ Running Shoes

Why I will pack this:

- ☐ I want to travel & see the world
- ☐ I love to take pictures, stay connected with friends, and listen to music
- ☐ I want to be a doctor
- ☐ I like to keep pictures of my loved ones & look at them when I want to feel good
- ☐ I am an animal lover and want to adopt a dog when I'm older
- ☐ I want to run a marathon